

April schedule starting 4.2.18



◆ All-Star cheerleading will give your child confidence.

◆ Lifelong Friendships.



406-239-0774

Call us today to book your first class for FREE.

Summitcheerathletics@gmail.com
Web: www.Summitcheerathletics.com

Check out our website for summit summer camps!

New classes highlighted					
	M	T	W	TH	Fri
Foundation tumbling ages 4-6		4:00-4:30			
Level 1 tumbling		5:00-6:00			
skills & drills		4:30-5:30 L1 & L2		4:00-5:00 L1,L2& L3	
Stunting & stretch drills/skills	5:00-6:00				
Senior 3 TNT	6:00-8:00		6:00-7:30		
Senior 2 IGNITE		5:30-7:30		6:30-8:30	
Senior 4 nitro			4:30-5:00		
Team tumbling Level 3-5			5:00-6:00		
Tumbling 1-4				5:30-6:30	
Tuck drills & skills				5:00-5:30	
Open tumbling \$1 cash only					5:30-6:30
College prep		7:30-8:30			

Levels are determined by the skills already attained

- ◆ Level 1 no experience
- ◆ Level 2 must have a strong round-off, front and back walk overs
- ◆ Level 3 must have standing & round off backhand springs
- ◆ Level 4 must have round off back handsprings tucks

Level 5 must have round off back hand spring layouts and standing tucks

Summit offers private lessons -

- *Summit Athletes \$15 a half hour*
- *Non-Summit athletes \$20 a half hour.*

Level 1 tumbling – master level 1 skills such as Back & front walk overs, Cartwheels and round-offs.

Stunting drills & skills – this class is for all levels of flyers, we will be working on how to pull skills, timing, and stretch and stunting. L1, L2 and L3 skills and drills- will be based on athlete level of perfection. These classes are helping prepare athletes for tryouts.

Foundation tumbling – ages 4-6 learn basic tumbling verbiage, body shapes and while building strength during safe tumble for this age group.

Tuck drills & skills - learn front and back tucks

Tryouts will be held in May. skill evaluations will be held in August.